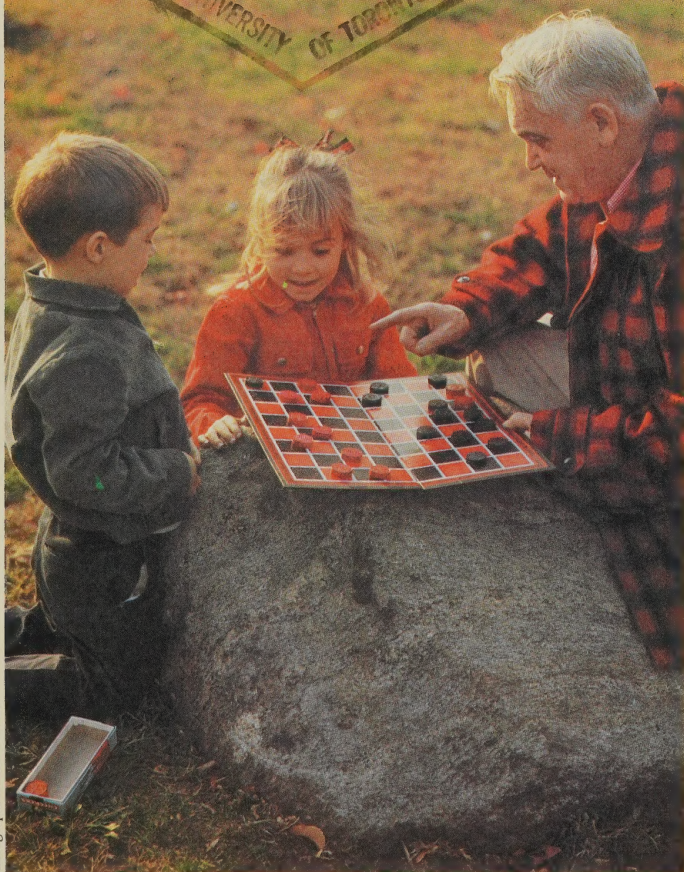


RECREATION

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Recreation

Feeling good

Recreation is fun. It is all the activities that you or your group choose to do, so that your leisure time is more interesting, enjoyable and personally satisfying. Through recreation everyone can be:

- happier
- healthier
- skilled
- involved
- appreciated
- sensitive
- creative
- socially active

Participating on your own

As an individual, become involved during your leisure time in freely-chosen activities that are satisfying to you.

Enjoying family and friends

Leisure time provides an opportunity to enrich family and home life through shared recreation activities that involve immediate family members, relatives, friends and neighbors. Think about:

- enjoying all generations by including grandparents in a fall-fair outing
- discovering creative talents by becoming involved in a pottery program
- reaching out to neighbors by beginning a block beautification program

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- appreciating and enjoying individual abilities by supporting the special interests of friends
- getting physically active by starting a family fitness program and keeping track of your progress.

Exploring the community

Your community can be as large or small as you decide to make it. You can use spare time to enjoy programmed experiences as well as discovering your own fun and satisfaction.

Why not try:

- expanding your horizons by signing up for a program offered by your recreation department
- appreciating natural beauty by discovering and using your local park
- enjoying the efforts of others by attending and supporting artistic and sporting events
- gaining personal satisfaction by using leisure time to do community volunteer work
- interacting with the many rich cultures in your community by participating in festivals and learning about the customs of other lands.

Volunteering

As a participant in leisure time programs you can benefit from leadership provided by numerous volunteers throughout Ontario. In addition you can achieve personal satisfaction and growth by sharing your skills and knowledge for the benefit of others.

Enriching

There is a network of professionals working in the recreation field throughout Ontario. They try to make life more enjoyable by ensuring that recreation opportunities are available for everyone.

Working co-operatively

The Ministry of Tourism and Recreation has a Community Programs staff located throughout the province. They are available to assist community recreation volunteers and professionals. You and your organization can access the resources of the Recreation Branch by contacting Community Programs which is listed in the blue pages of your local telephone directory.

Branch services

Recreation services: provides specialized services related to leisure and the older adult, community recreation, recreation and persons with a disability, recreation research and program evaluation, outdoor recreation and children's play.

Leadership services: develops the leadership capabilities, skills and knowledge of volunteers and staff with provincial, regional and local organizations to enhance recreation delivery.

Camping and outdoor education services: ensures the development of outdoor skills and leadership capabilities among potential leaders, increases the effectiveness of camping and outdoor education organizations, provides grants to non-profit camps, operates the Ontario Camp Leadership Centre, and advocates participation in outdoor recreation activity.

Community planning and facilities: supports comprehensive planning for the development of community recreation services. Consults on design, operation and renewal of recreation facilities.



Ontario

Ministry of
Tourism and
Recreation

Hon. Reuben C. Baetz
Minister
John R. Sloan
Deputy Minister

We believe:

- participation in recreation enriches life
- recreation opportunities should be available to every individual in Ontario
- Ontario communities should provide a wide range of recreation opportunities which respond to a variety of interests, needs and abilities

We provide:

- assistance to provincial recreation organizations
- consultative services
- leadership training opportunities
- recreation publications
- organizational development
- community planning information
- facility development assistance
- specialized resource personnel
- certification for recreation professionals
- current information on recreation trends
- assistance for innovative pilot programs
- research assistance
- access to an up-to-date resource centre
- project funds

We are:

Recreation Branch
Ministry of Tourism and Recreation
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